



Interreg



EUROPEAN UNION

North-West Europe

eMEN

European Regional Development Fund

Closing seminar
May 19 | 9.00 am-12.30 pm
Simultaneous translation



eMEN:

WHAT LESSONS AND PERSPECTIVES FOR THE DEVELOPMENT OF DIGITAL MENTAL HEALTH IN FRANCE?

www.recherche-sante-mentale.fr/emen-2022.html



The **morning** webinar on **May 19th** will focus on the **development of digital mental health in France and abroad**.

It is organised within the framework of the capitalisation of the European **eMEN** project and **is aimed at mental health professionals, users and carers**.

eMEN is a European Interreg North West Europe project that started in 2016. Its objectives were the development of digital mental health tools and the dissemination of policy recommendations to support the implementation of innovative devices in care services. The last part of the project focuses on the deployment of training activities aimed at increasing digital literacy in mental health for all users.

This closing seminar will address lessons and perspectives on innovation in mental health. The WHO Regional Office for Europe, the french Ministerial Delegation for Mental Health and Psychiatry, the french Ministerial Delegation for Digital Health as well as international specialists in the field will provide the necessary reference points for understanding the current and future challenges in this area.

9.00 am - 9.10 am

Introduction

- **Déborah SEBBANE**, Psychiatrist, Director of the WHOCC

9.10 am - 9.40 am

Challenges and prospects for the deployment of digital mental health in France and internationally

The framework for action set out by WHO in its Global Digital Health Strategy 2020-2025 is guided by four major components: Engage, catalyse, measure, improve and iterate. These recommendations are designed to have a positive impact on the overall health of populations through the use of innovative tools that propose strategic objectives according to the standard of living of WHO member countries.

- **Franck BELLIVIER** - French Ministerial Delegate for Mental Health and Psychiatry
- **David SAINATI** - French Ministerial Delegation for Digital Health
- **Ledia LAZERI** - WHO Regional Office for Europe

09.40 am - 09.50 am

Results of phase II of the European eMEN project

Hobbe Jan HIEMSTRA will briefly discuss the deliverables of the eMEN project and current strategies for mental health success.

Afterwards he will share the highlights from the eMEN policy recommendation.

Hobbe Jan will explain why implementing e-mental health is so difficult and what the nine success factors are for implementation.

- **Hobbe JAN HIEMSTRA** - ARQ Nationaal Psychotrauma Centrum, The Netherlands

09.50 am - 10.30 am

Training for digital mental health: Feedback from the French eMEN pilot courses

The challenges of digital mental health training will be discussed through the experience of the eMEN pilot sessions organised in 5 French institutions of the Health cooperation group for research and training in mental health.

Round Table:

- **Judith GRISELHOUVRE** - EPSM Lille Métropole
- **Marie-José FROIDEVAL** - GEM Chti' Bonheur
- **Laurence TROUILLER** - UNAFAM Nord
- **Justine BERG** - WHOCC

10.30 am - 12.30 am

Overview of the development of digital mental health in the world

The speakers will address:

- the level of development of e-mental health in their countries
- barriers and levers to the development of digital mental health
- priorities and challenges ahead

- **Tom VAN DAELE** - Thomas More University of Applied Sciences, Belgium
- **Kevin CULLEN** - Mental Health Reform, Ireland
- **Heleen RIPER** - VU & Amsterdam University Medical Centre, the Netherlands
- **Swann PICHON** - Geneva School of Health Science, Switzerland
- **Anne-Claire STONA** - Duke-NUS Medical School, Singapore
- **Luis SALVADOR CARULLA** - Health Research Institute at University of Canberra, Australia
- **John TOROUS** - Harvard Medical School, Massachusetts, USA

12.30 pm

Conclusion

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For any information request
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